

Area Committee Well-being Fund – Project Proposal
Inner West Area Committee

Appendix 4

Project Name: Armley Sports Project

Lead Organisation: Leeds Youth Service

Project Delivery - How will the project be delivered? (list any partners involved in the project):

- x 2 Youth workers (Youth Service) with football coaching skills to deliver a football session @ Armley Leisure Centre for 40 wks
- Tuesday's 21:00 – 22:00

Project Summary (include a brief description of the main activities, why the project is needed and links to key priorities):

- Reducing anti-social behaviour around the Cedars estate is a recognised priority
- Young people often express an interest in using Armley Leisure Centre but aren't able to because of the high costs involved. This project would make the Leisure Centre accessible to all young people in the area

Outcomes (summarise the main outcome/output/benefit the project will achieve):

- To provide the young people from the Cedars and New Wortley area with an affordable, healthy and positive recreational activity
- Healthy lifestyle, including fitness and improved diet outcomes
- Young people are involved in the planning, delivery and evaluation of the healthy lifestyle elements of the service.

Healthy lifestyle

This area covers work on those issues that underpin a healthy life. These include:

- Having a balanced and healthy diet; obesity and 'size zero' issues
- Reasonable physical fitness and participation in physical activity – sports or otherwise, such as dance.

Aim:-

- To provide young people with information around healthy eating.
- To provide young people with sports activities in their local area.

Project Cost. Please indicate How much the project will cost? (List all partners and their contributions)

X 40 week programme @ £41.40 = £1656

(Youth Service commitment : x 2 staff x3 hrs x 40 wks)

Identify which geographic areas will benefit:

The programme will be open access meaning young people from the following areas of Armley will be able to get involved: -

Cedars
New Wortley
Aberdeens
Edinburghs
Astons
Spring Valley
Poplars
Raynviles
Wythers
Avairies

How much Well Being Funding is sought (and breakdown between capital and revenue)

X 40 wk letting at Armley Leisure Centre @ 41.40 = £1656